

CONTINENTAL FRESH

MUESLI

Green Apples and Bananas

YOGURT PARFAIT WITH BERRIES & GRANOLA

Toasted Cinnamon

SEASONAL FRUIT BOWL

Assorted Diced Fruits

BEAR CLAW PASTRY

Toasted Almonds

STEEL CUT OATMEAL WITH ALMONDS, QUINOA & HONEY

Brown Sugar and Low Fat Milk

BANANA NUT BREAD

Served with Butter

COLD CUTS & CHEESE PLATTER

Assorted Cold Cuts and Cheese

BREAKFAST SANDWICHES & WRAPS

(ALL SANDWICHES AND WRAPS ARE SERVED WITH YOUR CHOICE OF WHOLE FRUIT)

STEAK & EGG BAGEL*

Toasted with White Cheddar, Black Pepper and Sesame Seeds

BACON, EGG & CHEESE

Ciabatta, Parmesan

SAUSAGE, EGG, & CHEESE

Ciabatta, Parmesan

TURKEY, EGG WHITE, & SPINACH PANINI

Swiss Cheese

BREAKFAST WRAP

Eggs, Pico de Gallo, Chorizo, Cheddar,
Pinto Beans, Roasted Potatoes

GOOD START WRAP

Roasted Vegetables, Potato Rosti, Spinach,
Avocado, Roasted Tomato Spread

EDEN CAFÉ SIGNATURE BREAKFAST OFFERING

FRESHLY BAKED CINNAMON ROLL

Baked to Order and Served with Royal Icing



* Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of food-borne illness, especially if you have certain medical conditions.