

# FRUITY CHLORELLA SMOOTHIE



Chlorella—a fresh water, single-celled algae—is an excellent source of chlorophyll and protein, and blends up easily into any smoothie. We pair it with antioxidant-packed berries, peaches, and a little ginger, which do a great job of balancing its slightly swampy flavor.

## INGREDIENTS

- 1/2 cup frozen blueberries
- 1/2 cup frozen raspberries
- 1/2 cup frozen peaches
- 1 cup coconut water
- 1/2 teaspoon grated fresh ginger
- 1/2 teaspoon chlorella

## PREPARATION

Combine all ingredients in a high-powered blender and blitz until smooth.

**goop**

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