

Wellness is a fundamental element to our philosophy. That's why we've thought of everything you need to nourish your mind, body, and spirit while on vacation. Our newest Edge® Series ship, Celebrity BeyondSM, expands our focus on wellness even further to provide you more opportunities to find complete bliss during your journey.



Women in Wellness

Open your world of wellness with knowledge and insights from some of the most highly respected female leaders in the wellness industry-including Noella Gabriel, Kimberly Snyder, Ruth Zukerman, Morgan Mitchell, Katie Brauer, and contributor Kiki Koroshetz, goop's Wellness Director.



goop & Gwyneth Paltrow

We're thrilled to continue our partnership with modern lifestyle brand, goop. Founder and CEO Gwyneth Paltrow serves as Celebrity's Well-being Advisor, curating exclusive wellness offerings including hand-selected goop products for our in-room fitness menus, TV programming, and a signature smoothie.



Whether you want to clear your mind, fine-tune your body, reinvigorate your spirit-or all of the above-The Spa is a luxurious sanctuary where you can do it all. Enjoy MLX i.Dome, our Quartz and 4DWellmassage specialty treatment beds, Kérastase Institute, Ideal Image® Ocean, Workout Recovery Services, and our Peloton bikes overlooking the ocean.

Destination Inspired Treatments connect you to the ocean and are as unique as the places you'll visit. From coconut-infused therapies in the Caribbean to rosemary and thyme rituals in Europe-we add a dose of local luxury to your experience.

Innovative in-salon treatments such as the Fusio-Dose[™] and an ultra-personalized service, the Kérastase Hair Diagnostics tool provides transformative results.



Our expanded studio offers new programs like F45 classes—and sought-after classes such as The HIIT, LIT Bungee Fit, and on-demand Peloton[®] classes. Unlimited Class Pass available for purchase. F45 Training is a global fitness community specializing in innovative, high-intensity group workouts that are fast, fun, and results-driven. Celebrity Beyond offers an expanded F45 Training studio specializing in innovative, high-intensity group workouts. An evolution of our popular Persian Garden, the SEA Thermal Suite features eight distinctive therapeutic experiences, all inspired by nature. Relax and connect with fellow wellness enthusiasts before or after your treatments at The Spa. AquaClass[®] guests enjoy unlimited access to the SEA Thermal Suite.



Wellness is so essential to who we are, we offer an entire guest experience around it with our AquaClass[®] staterooms. We've added new enhancements to our AquaClass experience, and now we've added suites to this category for a fully immersive, curated wellness experience, from stateroom to spa. Enjoy Infinite VerandasSM, a cashmere mattress, pillow menus, and your exclusive restaurant, Blu. Plus, enjoy access to the SEA Thermal Suite, a spa concierge, a complimentary fitness pass, preferential rates on AquaClass spa packages, daily in-room bottled water service, healthy room-service menu options, goop curated wellness offerings, and a yoga mat for use on board.



AquaClass Sky Suites

The perfectly designed AquaClass Sky Suite offers a blend of wellness, expansive views, and intimate luxury. AquqClass Sky Suite guests enjoy all that AquaClass has to offer plus access to The Retreat[®] - The Retreat Sundeck, The Retreat Lounge and Luminae.



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